

Assumptions and Definitions Card

The ACSD Inc. holds these assumptions about the practice of spiritual direction:

- God relates with individual people, alone and in community
- This relationship takes place in the context of a person's life and faith experience.
- This relationship is brought to awareness in contemplation and personal reflection.
- Dialogue about this relationship encourages growth.

ACSD's Definition of Spiritual Direction:

Christian spiritual direction is a pastoral ministry in which one Christian person helps another to:

- Pay attention to God's personal communication to him/her
- Respond to and grow in intimacy with God
- Live out the consequences of this relationship

Christian spiritual direction requires a commitment to minister to a person with a Christ-like love and respect for his or her dignity, value and destiny.

Members of the Association:

- Are active Christian people from many denominations and churches throughout New Zealand, engaged in the ministry of intentional, contracted spiritual direction
- Have satisfied the executive of the Association that they have had adequate training and have current supervised practice as a Christian spiritual director
- Accept the need for regular:
 - Personal spiritual direction
 - Supervision of their spiritual direction work
 - Ongoing formation and training
- Require the highest ethical and professional standards of one another and have signed a covenant of ethics and standards of practice with the Association.

Any enquiries about becoming a member or requiring the services of a director, address to:

The Secretary Treasurer

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