

# Sacred Wholeness

Thursday 21<sup>st</sup> November 2024

10am-4.30pm

College House, 100 Waimairi Road,  
Ilam, Christchurch

\$75 for the whole day, lunch included

Registration:

<https://acsd.org.nz/openday-2024>

**Imagine** a way of being Christian that is not based on busyness or performance, but rather a posture where we listen to our vulnerabilities, even our suffering; to allow our heart felt longings to be a doorway to a deepening faith. Where we learn to listen to our bodies, discovering a connectedness with all of Creation; learning from the wisdom of the desert fathers of yesteryear to speak to our overly busy and disordered lives of today.

All these rich themes will be explored during an Open Day with the overall theme of 'Sacred Wholeness' facilitated by three experienced wisdom teachers, each inviting us into greater depths of discovering our own experience of 'sacred wholeness.' We would love you to join us for this day.



Sacred Wholeness is organised by  
Association of Christian Spiritual Directors

For more information please visit:

[www.acsd.org.nz](http://www.acsd.org.nz)



Sacred Space  
TATAU POUNAMU

# Sacred Wholeness



Association of Christian Spiritual Directors

## OPEN DAY

Thursday 21<sup>st</sup> November 2024

College House, Ilam, Christchurch

Kevin Gallagher • Barbara McMillan • Strahan Coleman

<https://acsd.org.nz/openday-2024>



### Strahan Coleman

Strahan teaches prayer schools, has written three devotional prayer books and recently published *Beholding*, his story of discovering a transformative friendship with God through years of illness. He also currently works on the teaching team and as prayer curator with Practicing The Way. Strahan lives in Tairua, Coromandel with his wife Katie and three vivacious young boys.

### Sacred Wound

Through his own story Strahan shares how suffering, and our greatest vulnerabilities, can become the very place of our deepest intimacy with God. Spiritual directors help people navigate the thirst beneath their thirst in a world that buys and sells human desire as a commodity.



### Barbara McMillan

As a spiritual director, supervisor, and retreat leader, Barbara brings over 25 yrs experience at assisting people to develop relational connection with God, self and others. She is based at Treetops, a place of retreat focused on nourishment and reconnection set on 20 acres of re-wilding forest at Little River, Banks Peninsula.

### Clearing the way

Drawing on wisdom gleaned from the desert traditions we identify some of the habits we hide behind as substitutes for more genuine relating, and identify contemplative practices that assist us to transform these into relationship deepening virtues.



### Kevin Gallagher

Kevin's formation as a spiritual director includes the SEED course Christchurch, St Beuno's Wales and the University of Divinity Melbourne where his MA(SD) research paper was titled, 'The Spiritual Exercises and the Body'. Now retired from Physiotherapy, Kevin works as a spiritual director at Rosary House and is coordinator of Ignatian Spirituality NZ who offer Te Wairua Mahi formation course, retreats and support for the Ignatian community in NZ.

### Attending to the body in spiritual direction

A mysticism of embodiment suggests that the body *I am* is sacred, not separate but connected with the whole of creation and interrelated to other creatures and the Creator. This offering explores these relationships and their implications in contemplative and spiritual direction practice.